



Info Sheet
December 14th, 2010

It's starting to feel a bit like winter!

My wishes for you and your family are that you have a peaceful and fulfilling Christmas.

Have a great Holiday Season!

Don

Weekday Concealed Carry Classes

Wednesday, December 22nd

Friday, December 31st

Monday, January 17th

Friday, February 4th

Thursday, February 17th

These classes are taught at Red Castle Gun club on John Zink Ranch, north of Sand Springs. The classes start at 7:30 am and run until around 3:30 pm.

Weekend Concealed Carry Classes

Sunday, December 26th

Saturday, January 1st

Sunday, January 16th

Saturday, February 12th

Sunday, February 20th

These classes are taught at Green Country Safe Shooters Gun Range near Collinsville. The classes start at 7:30 am and run until around 3:30 pm. The cost is \$60. Contact Don Roberts at 688-9314 or e-mail: guninstructor@yahoo.com.

www.guninstructor.net

Personal Handgun Defense Course

Saturday, December 18th

Saturday, January 22nd

Gun Presentation - From Holster to Ready Position

Threat Assessment

Rolled Shoulder Isosceles

Threat Focused Shooting

Target Recognition Drills

Realistic Shooting Drills

This class is for those who want to expand their shooting skills. Included as part of the curriculum are realistic drills designed to increase abilities to handle real-world threats. Target shooting and plinking is great fun...but there are other dynamics at work when one is confronted with violence. Knowledge of, and practicing for these kinds of scenarios, gives us a chance to exercise decision-making drills along with efficient gun handling technique. Class size is limited. For more info contact me at: guninstructor@yahoo.com.

Tidbits

Slow Motion Video - The gun stuff starts about halfway through this 6-minute video:

<http://www.youtube.com/watch?v=b1DwCpqwbbc>

Stoeger Cougar - Beretta's cool design in an inexpensive package. When a student showed up with one of these in .40 caliber in class a couple of years ago it really got my attention. Turn to page 36...

<http://fmgpublications.ipaperus.com/FMGPublications/GUNS/GUNS0211/?page=36>

Convenience Store Robbery - Training Scenario from Best Defense and Michael Bane

<http://www.youtube.com/watch?v=lcR6uX-mgUg>

Finger On, or Off The Trigger? - Here's the scenario. You've been confronted with deadly force and have your gun pulled, pointing at the bad guy, and you've shouted the command "Stop, or I'll shoot" or some other warning. You do not yet know if he'll heed your warning or "go for it". Is your finger on the trigger? Check out the discussion at:

<http://www.warriortalk.com/showthread.php?76892-Finger-On-The-Trigger-Another-Can-Of-Worms>

Another Massad Ayoob video...this time talking about CCW laws.

http://www.youtube.com/watch?v=urESE_NQAco&feature=fvsr

Here are some billboards going up in Arizona for gun training. How would you like to see this in Oklahoma? Thanks to Phil for sharing this!

<http://www.trainmeaz.com/billboards.html>

Fingerprint problems? Here's a tip that might help -

I went back in to get my fingers printed again after using the Corn Huskers lotion and it actually did work. By using a thin layer of this lotion it put a very fine coating on the skin that raised the prints just a bit and allowed for clearer prints. I do not believe that you need to use this for days before hand either. Just use the lotion and allow it to dry thoroughly before going in to be printed and that will do the trick. I now have my license after this second set of finger prints were processed using the lotion the second time around. I might also suggest bringing the bottle in with them when they go in to get their prints just incase it gets rubbed off during the printing process and they need more for one of their fingers. Thanks again for the class ! Wendy

The "Resources" Link - Info on gunsmiths, gun dealers/stores, websites, magazines, TV shows, Radio shows, gun clubs, gun ranges, gun owner associations, training and other information...

some around Tulsa, some not, go to: www.guninstructor.net/resources.html



The Importance of Follow-Through

A lot of folks, many of whom are competitive shooters, will tell you that Trigger Control is the most important Shooting Fundamental. One NRA Basic Handgun Course Booklet says that Trigger Control and Sight Alignment are the two most important fundamentals.

I think...they may be wrong.

One thing that very experienced shooters forget is that follow-through is very necessary in shooting. I believe experienced shooters have forgotten the importance of follow-through, because that's the one fundamental that they have down cold. They don't have to think about it much anymore. It's second nature to them.

But think about it...How many times at the range have you seen someone have a "spazzy" reaction (of sorts) just before the gun goes off? It happens quite often...especially around new shooters. How many times have you yourself jerked the trigger and noticed it (and then looked around to see if anybody else saw!)? There's no doubt that jerky maneuver mighta' influenced the placement of your shot on the target.

For new shooters, or shooters that only go to the range a few times per year or less, follow-through needs to be practiced. I believe that most of us shooters (me included) should run through a twenty or thirty round check, focusing on follow-through every six months or so.

Here's what seasoned shooters forget. Firing a gun is often a traumatic experience. So much noise! So much recoil! And the shock wave from the concussion moves the hair on your arms and eyebrows! Competitive shooters fire a bunch of rounds every week. They are hyper aware of their ability to hold the gun steady.

But we, less frequent shooters, tend to react to the recoil, noise, and shock wave. And we tend to anticipate all of that the next time we pull the trigger.

Therein lays the rub.

Often, in anticipation of the shot, we tend to "react" to the shot before it happens. That reaction generally results in the movement of the gun. Be it a small movement or more pronounced, that movement of the gun throws off our accuracy.

So what do we do?

Follow-Through

The purpose of follow-through is to reduce the movement of the barrel before the bullet passes through and exits the muzzle. We accomplish that reduction by focusing on holding the gun steady from the beginning of the trigger-press until two seconds after the firing of the shot.

How Do We Do It?

Keep everything the same after the gunpowder ignites. Keep on squeezing the trigger, and put your sights back on the target. Continue your grip and stance for two seconds past the firing of the shot. You should count, one thousand one, one thousand two, before you release the pressure from the trigger and take your sights off the target.

By practicing follow-through, you break the habit of reacting to the shot. You force yourself to hold steady throughout the shot and beyond.

I commonly see shooters lower their gun immediately after the shot. Some folks are so quick to lower their gun, it looks like they begin the lowering process before the bullet leaves the barrel. They lower their gun and lean forward to get a good look at the target to see the accuracy of their shot. Understandable...but it's a bad habit to get into...and it demonstrates a lack of follow-through.

Even in combat shooting (or shooting for self-defense), it is best to keep the gun on target until you're certain that the threat has been neutralized. And that takes a second or two at best. Immediately lowering the gun after a shot is a bad practice. Don't do it.

While it's true that in a combat situation you will not likely continue your trigger press for two seconds past the firing of each shot, the Follow-Through Exercise does result in interrupting the tendency that many of us have to anticipate the shot. And that's what we want. We want to break ourselves of that habit.

If you're an experienced shooter and haven't done it in a while, practice the follow-through drill, just to see how you're doing. If you're a new shooter, practice the follow-through drill first. I believe it's the most important shooting fundamental for new shooters.

Once you have follow-through down, you have a firm foundation from which to build Trigger Control, Sight Alignment, and the rest of the fundamentals.

Don

1911

2011

One hundred years of service from John M. Browning's most popular gun design

You can certainly expect that there will be a celebration, of sorts, within the gun community to commemorate the Model 1911 semi-auto pistol. The gun oriented media has been talking about it for some time now, and here it is, just a few weeks away.

What's The Big Deal?

The Model 1911 is still a very popular platform today. You can find quite a few manufacturers that are currently producing that model. Some of them have been producing that model for a long long time. I guess you might find one or two companies still hammering them out, for the sake of nostalgia...but as many varieties as there are out there, it's obvious...demand is still quite high.

I was a "hold-out". It was only recently that I became a 1911 owner. My wife saw me salivating over a Kimber Warrior a few years ago and the following Christmas, it appeared under the tree. I was totally surprised. But what surprised me even more was what happened at the range. I had no idea that I could shoot that good! That 1911 is the best-shooting gun in my small, but beloved, inventory."

I believe that if you don't have one yet, you would probably enjoy getting a 1911 sometime in the future. You've seen 'em on TV all your life, so if you get a chance to nab one, do it.

Massad Ayoob has a great article on "Why The 1911 Is Special" on page 34 of the December Issue of Shooting Industry. Go have a look:

<http://fmgpublishations.ipaperus.com/FMGPublishations/ShootingIndustry/Dec2010/>



My Classes

Concealed Carry Class - This is the class that fulfills the educational requirement in order to make application for Oklahoma's SDA (concealed carry) license. My course schedules are listed at the top of this newsletter. This class is like a "mini" Basic Handgun Class with a section on Oklahoma Law, a section on Use of Deadly Force, and a 50-round course of live-fire. To receive your certificate, you must pass a 15-question, multiple choice test, and demonstrate safe gun-handling technique during the course of fire. If you take this class with a derringer, you can carry only a derringer. If you take it with a revolver, you can carry a revolver or a derringer. If you take it with a semi-automatic, you can carry a semi-auto, a revolver, or a derringer.

Personal Handgun Defense - Here you will train to shoot in a hostile environment. When we're

confronted with violence, we react in many ways. Some of these "reactions" are predictable. How can we use our natural reactions to violence to help protect ourselves? It is within the possibility of that toxic environment, in which we will train. What presentation from the holster works best? What stance works best? How do we grip and fire the gun? When do we quit firing? When and how do we assess the situation before going on? How do we train to identify the target? All of this is covered in the class. It is a fun and meaningful class.

The next class is scheduled for Saturday, December 18th, from 8AM until 4PM. You will need to bring 300 rounds of ammo. Limited class size. Cost: \$80

NRA Certified Basic Handgun Class - This is a 8 to 10-hour class that covers Handgun Safety, Pistol Mechanics and Operation, Ammunition, Cleaning, Shooting Fundamentals, and more. Also included is a 50-round course of live-fire. Upon completion of the course and passing a 50-question, multiple choice & True/False test, the student will receive a "Certificate of Course Completion" from the NRA. This is a great class for going into more detail on Basic Handgun theory. The next class is scheduled for Saturday, February 5th, 9am-4pm and Sunday, February 6th, 1pm-5-pm (a two-day class).

Personal, One-on-one, Handgun Instruction is given in six-hour training segments. These classes are scheduled on a case by case basis, between the hours of 7:00 a.m and 5:00 p.m. on any day of the week. We cover Handgun Safety, Shooting Fundamentals and then work individually with each student, covering information as that student can absorb it. Also in this class, you can bring your gun(s), if you'd like, and I will bring some of mine. We can shoot a variety of guns to compare and contrast. The cost is \$120 for a six-hour segment. For an additional student (such as husband and wife) add \$30 to make it \$150.

(NOTE: Loaner guns are available for all classes but the Personal Defense class.)

For more information, contact:

Don Roberts

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(918) 688-9314

Upcoming Gun Shows

2011

- Jan. 8th & 9th Tulsa Fairgrounds - New Exchange Building,
Metcalf Gun Shows
\$1.00 off coupon at:
http://metcalfgunshows.com/~metcalf/discount_tickets/
- Jan. 29th & 30th Tulsa Fairgrounds - Center Park Hall,
RK Gun Shows
\$1.00 off coupon at:
<http://www.rkshows.com/coupon.htm>
- Feb. 26th & 27th Tulsa Fairgrounds QT Center, Upper Level
Grand American Gun Show
\$1.00 off coupon at:
<http://grandamericanarmsshows.com>



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To apply for a free membership, call (877) 672-2000. The free membership application can also be found at nrabonus.org.

Note: For only \$25 you can obtain a full membership to the NRA. You will receive: The print edition of NRA's magazines, plus \$1000 insurance for your guns, \$5000 insurance for you, NRA's official knife, and other special benefits.